## Sizing Shirts

Please note: All size results are in cm's unless stated otherwise. The size chart is a guide only, many variables affect the fit of a garment.

Men's Tops, Shirts, Vests \& Jackets

| Size | S | M | LI | XXL | 3XL |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Chest | $92-97$ | $98-103$ | $104-109$ | $110-115$ | $116-121$ | $122-127$ |
| Neck | $37-38$ | $39-40$ | $41-42$ | $43-44$ | $45-46$ | $47-48$ |
| Long Sleeve | 62 | 63 | 64 | 65 | 66 | 66 |
| Short Sleeve | 27 | 28 | 29 | 30 | 31 | 32 |

Women's vests \& Jackets

| Size | XS | S | M | XL | XXL |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Bust | $85-91$ | $91-97$ | $97-103$ | $103-109$ | $109-115$ | $115-121$ |
| Waist | $65-71$ | $71-77$ | $77-83$ | $83-89$ | $89-95$ | $95-101$ |
| Hip | $90-96$ | $96-103$ | $103-109$ | $109-115$ | $115-121$ | $121-127$ |

## Women's Tops, Shirts \& Bottoms

| Size | 8 | 10 | 12 | 14 | 18 | 20 |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Bust | $85-90$ | $90-95$ | $95-100$ | $100-108$ | $108-116$ | $116-124$ | $124-132$ |
| Waist | $65-70$ | $70-75$ | $75-80$ | $80-85$ | $85-90$ | $90-95$ | $95-100$ |
| Hip | $90-95$ | $95-100$ | $100-105$ | $105-110$ | $110-115$ | $115-120$ | $120-125$ |

## Measuring guidelines

- Do not take measurements yourself
- Wear light clothing as thicker garments like jumpers and jeans will add to measurements
- Remove items from pockets such as wallets in the back hip pocket
- Measure with the tape flat against the body
- Do not hold the tape too loose or too tight
- Do not put fingers under the tape

Shirts, T-Shirts \& Tops

## - 1. Chest / Bust

Measure around the body across the fullest part of the chest keeping the tape level and straight.

- 2. Neck / Collar

Men only, measure the circumference at the base of the neck, where a shirt collar would sit ot using a well fitting shirt, lay flat on table, measure from centre of button hole.

